

C3G

# A life-altering rare disease driven by the complement system<sup>1,2</sup>

Diagnosing C3G can be complex. Accurate biopsy  
analysis is crucial to setting your patients on the right path.<sup>2-4</sup>

C3G, complement 3 glomerulopathy.

Patient portrayal.



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# C3G IS A RARE KIDNEY DISEASE THAT CAN RESULT IN TRANSPLANT OR DIALYSIS<sup>1,5</sup>

## AFFECTS THOSE WHO SHOULD BE THRIVING

- ✓ C3G is a rare type of glomerular disease that affects fewer than 5 people per million in the United States<sup>1</sup>
- ✓ The incidence of C3G is higher in children and young adults (20 to 30 years of age) than in the elderly (>65 years of age)<sup>6</sup>
- ✓ Unlike CKD, patients with C3G often present as children and young adults, which can place a significant burden on their outlook for the future<sup>6</sup>
- ✓ Patients struggle with burdens like proteinuria, fatigue, and anxiety about their futures<sup>7,8,\*</sup>

## RISK OF DIALYSIS, TRANSPLANT, AND RECURRENCE

Approximately

**50**<sup>0/0</sup>  
of patients With C3G

progress to kidney failure in just 10 years from diagnosis and require dialysis or transplant<sup>4,5,9</sup>

“

What's most difficult is knowing time is not on my side . . . I know that a healthy diet, exercise, and following doctor's orders will not stop the progression of this disease.”<sup>8</sup>

— *Real patient with C3G*

\*Based on patient insights.  
CKD, chronic kidney disease.

Patient portrayal.



# DYSREGULATION OF THE COMPLEMENT SYSTEM DRIVES KIDNEY INJURY AND PROGRESSION<sup>2</sup>

## COMPLEMENT-MEDIATED DISEASE

Dysregulation of the alternative complement pathway is the primary driver of C3G.<sup>5,10</sup>

Alternative pathway dysregulation leads to C3G deposition in the glomeruli potentially leading to glomerular inflammation and injury, which can lead to proteinuria, hematuria, chronic kidney disease, and potential kidney failure.<sup>10,12</sup>

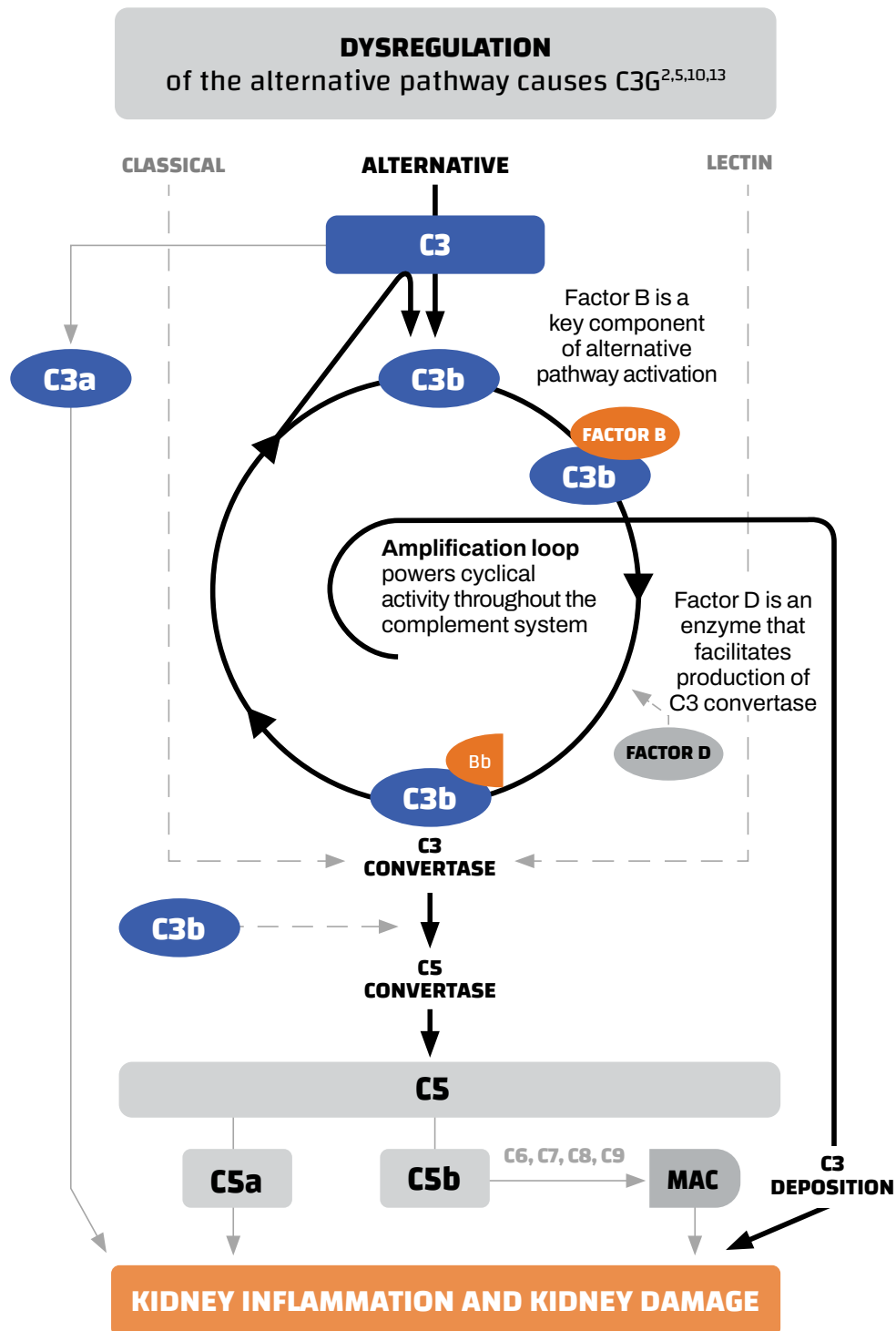
## COMPLEMENT DRIVES KIDNEY INJURY

C3 deposits in the glomerular mesangium and along capillary walls can cause persistent inflammation and injury.<sup>10,12</sup>

Scarring of the glomeruli can cause irreversible damage and a decline in kidney function.<sup>2</sup>



# DYSREGULATION OF THE ALTERNATIVE COMPLEMENT PATHWAY IS THE PRIMARY DRIVER OF C3G<sup>12</sup>



C3 deposition, as well as its breakdown products in the glomeruli, causes glomerular inflammation and injury.<sup>10</sup>

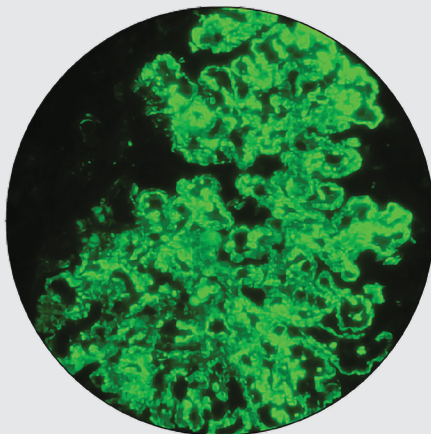
# IN C3G, BIOPSY ANALYSIS IS ESSENTIAL AND REVEALS COMPLEMENT ACTIVITY<sup>2</sup>

## ACCURATE, CONFIRMATORY DIAGNOSIS OF C3G REQUIRES URINALYSIS, SEROLOGY, AND BIOPSY<sup>2</sup>

Common differential diagnoses with similar presentation to C3G can include PIGN, IC-MPGN, and MGRS.<sup>2,4,14,15</sup>

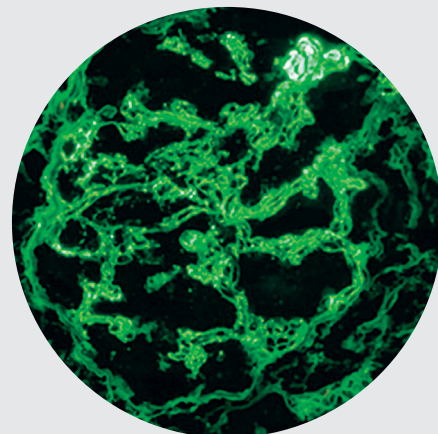
A biopsy is necessary for a pathologist to evaluate C3 accumulation, as well as glomerular inflammation and injury.<sup>4,5,9</sup>

C3-dominant staining



*Image credit: Smith RJH, Appel GB, Blom AM, et al. C3 glomerulopathy - understanding a rare complement-driven renal disease. Nat Rev Nephrol. 2019;15(3):129-143. doi:10.1038/s41581-018-0107-2*

IgG-dominant staining



*Image credit: Sethi S, Vriese ASD, Fervenza FC. Acute glomerulonephritis. Lancet. 2022;399:1646-1663. doi:10.1016/S0140-6736(22)00461-5*

### C3 ACCUMULATION IS SEEN AS<sup>2,4</sup>:

Intense staining of C3 at least 2 orders of magnitude greater than any other immune component **WITH** Absence or low presence of immunoglobulin **AND** Components of the classical complement pathway

Unresolved proteinuria and hematuria may be important indicators of C3G and should trigger expert biopsy analysis.<sup>2</sup>

# CONFIRMING C3G DIAGNOSIS: POTENTIALLY DIFFICULT BUT NECESSARY<sup>2</sup>

Distinguishing C3G from other more common glomerular nephropathies, including postinfectious GN, can be a complex process.<sup>2-4,16</sup>

- ✓ This complexity can cause delays in diagnosis, which may result in loss of kidney function—especially if an undiagnosed patient with C3G experiences an infection that accelerates disease progression



You can't plan for the future . . .  
you don't know where you'll be next year."<sup>8</sup>  
— Real patient with C3G



Patient portrayal.

## STEPS FOR CONFIRMATORY DIAGNOSIS OF C3G<sup>2,4,14,17</sup>

1

### Lab Testing

- Hematuria
- Proteinuria
- Low C3 serum level
- Creatinine or kidney function assessment
- Genetic testing

2

### Biopsy

- Percutaneous ultrasound-guided on left or right kidney

3

### Light microscopy

- Non-diagnostic; does not rule out other forms of GN
- MPGN pattern of injury

### Immunofluorescence

- Distinguishes C3G from other forms of MPGN patterns of injury
- C3-dominant: at least 2 orders of magnitude greater than any other immune component

### Electron Microscopy

- Differentiates C3G subtypes, C3GN from DDD

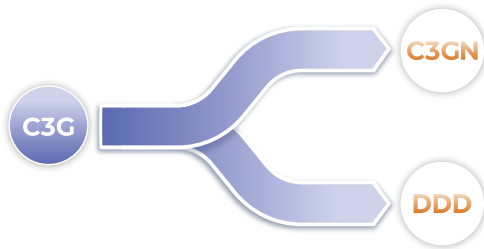
**C3G can be heterogeneous in clinical presentation and prognosis<sup>1,2,9,18</sup>:**

- ✓ Patients may present with low to heavy levels of proteinuria and hematuria
- ✓ C3G can be acute, recurrent, or rapidly progressive

C3GN, complement 3 glomerulonephritis; DDD, dense deposit disease; GN, glomerulonephritis; MPGN, membranoproliferative glomerulonephritis.

# C3G IS MORE PROGRESSIVE THAN OTHER GNs, HIGHLIGHTING THE IMPORTANCE OF ACCURATE DIAGNOSIS<sup>2</sup>

## PREVIOUSLY CLASSIFIED AS MPGN



C3G and its subtypes were previously classified as MPGN until being **reclassified as C3GN and DDD** in the latest ICD-10-CM codes.<sup>19</sup>

**Patients can be diagnosed with 1 of 2 subtypes of C3G: DDD or C3GN.<sup>2</sup>**

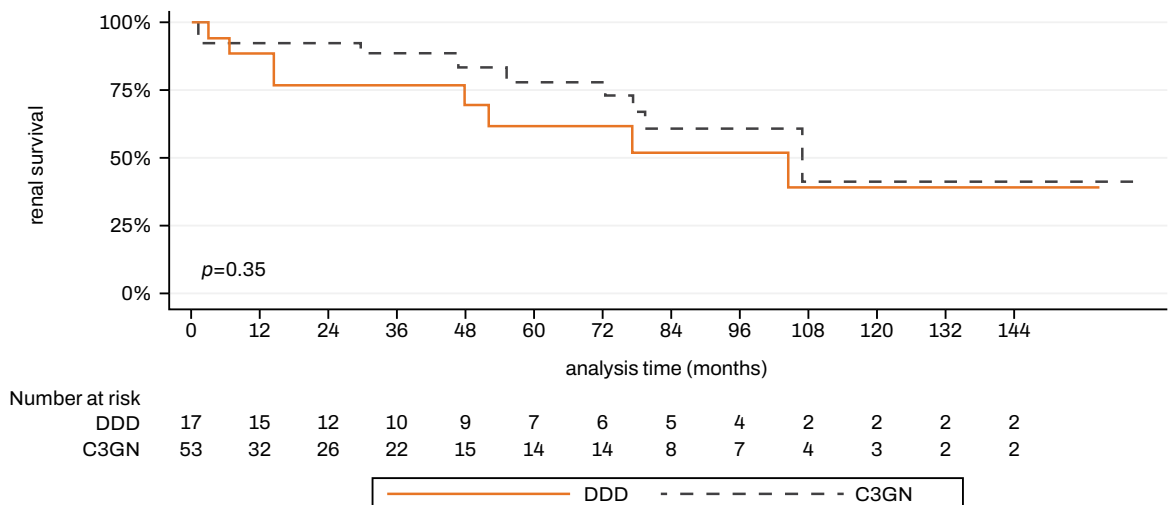
**DDD** is usually associated with pediatric cases and may progress more quickly than C3GN.<sup>2</sup>

## REGARDLESS OF SUBTYPE

Studies have shown **~50% of patients with C3G progress to kidney failure** within 10 years.<sup>4</sup>

In a retrospective review of the renal biopsies of 80 patients with C3G, some patients progressed to kidney failure as early as 2-4 years.<sup>9,\*</sup>

## Kaplan–Meier analysis of renal survival by C3G subtype in a retrospective cohort<sup>9</sup>



**Graph credit:** Medjeral-Thomas NR, O'Shaughnessy MM, O'Regan JA, et al. C3 glomerulopathy: clinicopathologic features and predictors of outcome. *Clin J Am Soc Nephrol.* 2014;9(1):46-53. doi:10.2215/CJN.04700513

\*All patients with kidney biopsies fulfilling criteria for C3 glomerulopathy from 2 quaternary renal centers within the United Kingdom and Ireland between 1992 and 2012 were retrospectively reviewed. Histologic, demographic, and clinical data and determined predictors of ESRD were recorded using the Cox proportional hazards model. Treatment details were inadequately documented in some cases. Patients' height from the time of original presentation were not available, prohibiting calculation of eGFRs in children.

eGFR, estimated glomerular filtration rate; ESRD, end-stage renal disease; ICD-10-CM, International Classification of Diseases, Tenth Revision, Clinical Modification.

C3G

# COMPLEMENT-DRIVEN, PROGRESSIVE, AND OFTEN IRREVERSIBLE<sup>2,4,5</sup>



C3G is a rare and progressive kidney disease that can result in transplant or dialysis<sup>1,5</sup>



Dysregulation of the alternative complement pathway is the primary driver of C3G, causing kidney injury and progression<sup>2</sup>



Patients continue to face challenges due to their disease that impact their day-to-day lives, including fatigue and anxiety about their future\* and kidney failure<sup>4,7,8</sup>



We need a way to avoid a lifetime of dependence on a dialysis machine or a series of failed transplants.”<sup>8</sup>

— Real patient with C3G

\*Based on patient insights.



Patient portrayal.



## LEARN MORE

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**References:** 1. Schena FP, Esposito P, Rossini M. A narrative review on C3 glomerulopathy: A rare renal disease. *Int J Mol Sci.* 2020;21(2):525. doi:10.3390/ijms21020525 2. Smith RJH, Appel GB, Blom AM, et al. C3 glomerulopathy - understanding a rare complement-driven renal disease. *Nat Rev Nephrol.* 2019;15(3):129-143. doi:10.1038/s41581-018-0107-2 3. Rovin BH, Adler SG, Barratt J, et al; Kidney Disease: Improving Global Outcomes (KDIGO) glomerular diseases work group. KDIGO 2021 clinical practice guideline for the management of glomerular diseases. *Kidney Int.* 2021;100(suppl 4):S1-S276. doi:10.1016/j.kint.2021.05.021 4. Martín B, Smith RJH. C3 glomerulopathy. In: Adam MP, Mirzaa GM, Pagon RA, et al, eds. *GeneReviews*® [Internet]. University of Washington; 2007. Updated April 5, 2018. Accessed July 28, 2022. <https://www.ncbi.nlm.nih.gov/books/NBK1425/> 5. C3 glomerulopathy: dense deposit disease and C3 glomerulonephritis. National Organization for Rare Disorders (NORD). Accessed September 24, 2022. <https://rarediseases.org/rare-diseases/c3-glomerulopathy-dense-deposit-disease-and-c3-glomerulonephritis/> 6. Gutiérrez E, Praga M, Rivera F, et al; Spanish Registry of Glomerulonephritis. Changes in the clinical presentation of immunoglobulin A nephropathy: data from the Spanish Registry of Glomerulonephritis. *Nephrol Dial Transplant.* 2018;33(3):472-477. doi:10.1093/ndt/gfx058 7. Proudfoot C, Pannagl K, Nguyen J, King A, Murphy K, Decourcy J, Lafayette R. Real-world signs and symptoms at diagnosis in patients with C3 glomerulopathy—Interim results from a multi-country study. *Nephrology Dialysis Transplantation.* 2023;16(suppl 1):i536-i537. Abstracts from the 60<sup>th</sup> ERA Congress: June 15-18, 2023. doi:10.1093/ndt/gfad063c\_5478 8. Feldman DL, Bomback A, Nester CN. Voice of the Patient: Report of externally led patient-focused drug development meeting on complement 3 glomerulopathy (C3G). *National Kidney Foundation;* 2018 9. Medjeral-Thomas NR, O’Shaughnessy MM, O’Regan JA, et al. C3 glomerulopathy: clinicopathologic features and predictors of outcome. *Clin J Am Soc Nephrol.* 2014;9(1):46-53. doi:10.2215/CJN.04700513 10. Willows JW, Brown M, Sheerin NS. The role of complement in kidney disease. *Clin Med (London).* 2020;20(2):156-160. doi:10.7861/clinmed.2019-0452 11. Merle NS, Noe R, Halbwachs-Mecarelli L, Fremeaux-Bachi V, Roumenina LT. Complement system part II: role in immunity. *Front Immunol.* 2015;6:257. doi:10.3389/fimmu.2015.00257 12. Sethi S, Vriese ASD, Fervenza FC. Acute glomerulonephritis. *Lancet.* 2022;399:1646-1663. doi:10.1016/S0140-6736(22)00461-5 13. Harris CL. Expanding horizons in complement drug discovery: challenges and emerging strategies. *Semin Immunopathol.* 2018;40(1):125-140. doi:10.1007/s00281-017-0655-8 14. Rovin BH, Adler SG, Barratt J, et al. Executive summary of the KDIGO 2021 guideline for the management of glomerular diseases. *Kidney Int.* 2021;100:753-779. doi:10.1016/j.kint.2021.05.015 15. Ahmad SB, Bomback AS. C3 glomerulopathy: pathogenesis and treatment. *Adv Chronic Kidney Dis.* 2020;27(2):104-110. doi:10.1053/j.ackd.2019.12.003 16. Sethi S, Fervenza FC, Zhang Y, et al. Atypical postinfectious glomerulonephritis is associated with abnormalities in the alternative pathway of complement. *Kidney Int.* 2013;83(2):293-299. doi:10.1038/ki.2012.384 17. Aryal G, Aryal SC. Approach to native medical renal biopsy interpretation of glomerular disease. *J Pathol Nepal.* 2019;9:1571-1579. doi:10.3126/jpn.v9i2.25664 18. Smith RJH, Alexander J, Barlow PN, et al. New approaches to the treatment of dense deposit disease. *J Am Soc Nephrol.* 2007;18:2447-2456. doi:10.1681/ASN.2007030356 19. Centers for Disease Control and Prevention. ICD10 Coordination and Maintenance Committee Meeting Diagnosis Agenda. March 5-6, 2019, Part 2. Accessed October 12, 2023. [https://www.cdc.gov/nchs/icd/icd10cm\\_maintenance.htm](https://www.cdc.gov/nchs/icd/icd10cm_maintenance.htm)